



# **Rules and Regulations of the International Taekwon-Do Federation**

**Revised Friday July 1<sup>th</sup> 2022**

### 3.0. CERTIFICATION AND RANK RECOGNITION

#### 3.1. COLOURED BELTS:

Group leaders from Taekwon-Do dojangs & schools that belong to our organization are authorized to use the color belt certificate template for their students on the color belt certificates purchased from ITF HQ Korea. The template will be made and send from South Korea, the homeland of Taekwon-Do.

Make sure you have a valid membership from ITF HQ Korea, and send us application. The minimum application requirement is 500 certificates.

#### 3.2. HOW TO USE THE COLOURED BELT TEMPLATES

The certificates are accompanied by the template that allows the group leaders modify certificate contents and personalize them with the name of the students, their own numbering systems and signatures.

Cost of Colour belt certificates is based on volume and local conditions when ordered.

#### 3.3. BLACK BELTS

##### 3.4. General requirements for applicants:

- Must be a registered member of ITF HQ Korea or must apply and be accepted for membership prior to obtaining rank (possess an individual or group membership)
- Must have fulfilled all eligibility criteria for testing including time requirements, course completion (if required) and organizational permission (if necessary).
- Must submit degree application and provide all necessary additional documents if required at least one month prior to testing to assess eligibility.

3.5. There are three categories of members requirement as outlined below in the table. Each category is different due to the background of the practitioner

ITF HQ Korea (Original) Members	Experienced ITF Members	Non ITF, Martial Artists
<ul style="list-style-type: none"><li>• Must be ITF HQ Korea member from the beginning of their Taekwon-Do journey</li><li>• Previous training information <b>not</b> required</li></ul>	<ul style="list-style-type: none"><li>• Must be a member of ITF HQ Korea for a minimum of 12 months period before certification provided.</li><li>• Previous training information required</li></ul>	<ul style="list-style-type: none"><li>• Must be a member of ITF HQ Korea for a minimum of 12 months</li><li>• Previous training information required</li></ul>

<ul style="list-style-type: none"> <li>• Submission of Degree recognition form <b>not</b> required</li> <li>• Additional recognition of the rank is not required</li> <li>• Must fulfill the necessary testing time requirements</li> <li>• Eligible for time reduction between tests as per rules and regulations</li> <li>• Personal history of martial arts career and Mentor assistance not required</li> <li>• Instructor/Examiner Privileges associated with rank immediately conferred</li> </ul>	<ul style="list-style-type: none"> <li>• Submission of Degree recognition form required</li> <li>• Initial recognition of the rank is required and if accepted certification provided after 12 months membership but all privileges of rank acknowledged from date of recognition.</li> <li>• After initial recognition must fulfill the necessary time requirements for next testing.</li> <li>• Eligible for time reduction between tests as per rules and regulations</li> <li>• Personal history of martial arts career required, Mentor assistance may be required</li> </ul>	<ul style="list-style-type: none"> <li>• Submission of Degree recognition form required</li> <li>• ITF Rank level will be assigned according to the rules and regulations</li> <li>• Signed declaration of intent document.</li> <li>• After initial rank assigned must fulfill the necessary time requirements</li> <li>• Eligible for time reduction between tests as per rules and regulations</li> <li>• Personal history of martial arts career required</li> <li>• Mentor assistance will be required</li> <li>• Instructor/Examiner Privileges associated with rank conferred after completion of mentorship program</li> </ul>
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### 3.6. REQUIREMENTS FOR EACH RANK INCLUDING AGE AND YEARS.

Degree (dan)	Minimum training period	Additional requirements	Potential reduction of training period interval	Title/Insignia
From 1st to 2nd degree	1.5 years	Min age to 1 <sup>st</sup> degree is 9 years, 1 <sup>st</sup> degree to 2 <sup>nd</sup> degree is 14.5 years	Maximum reduction of training period up to 3 months can be obtained if a candidate takes part in a relevant training courses or events, and successfully completes the assessment.(1)	Boo-Sa beumnim (assistant instructor)
From 2nd to 3rd degree	2 years	Min age for 3 <sup>rd</sup> degree is 16.5 years	Maximum reduction of training period up to 4 months can be obtained if a candidate takes part in relevant training courses or events, and successfully completes	Boo-Sa beumnim (assistant instructor)

Degree (dan)	Minimum training period	Additional requirements	Potential reduction of training period interval	Title/Insignia
			the assessment (*)	
From 3rd to 4th degree	3 years	Minimum age for 4 <sup>th</sup> degree is 19.5 years	Maximum reduction of training period up to 5 months can be obtained if a candidate takes part in relevant training courses or events, and successfully completes the assessment (*)	Sa beum nim (Instructor)
From 4th to 5th degree	4 years	Minimum age for 5 <sup>th</sup> degree is 23.5 years	Maximum reduction of training period up to 6 months can be obtained if a candidate takes part in relevant training courses or events, and successfully completes the assessment (*)	Sa beum nim (Instructor)
From 5th to 6th degree	5 years	Minimum age for 6 <sup>th</sup> degree is 28.5 years	Maximum reduction of training period up to 7 months can be obtained if a candidate takes part in relevant training courses or events, and successfully completes the assessment (*)	Sa beum nim (Instructor)
From 6th to 7th degree	6 years	Minimum age for 7 <sup>th</sup> degree is 34.5 years	Maximum reduction of training period up to 8 months can be obtained if a candidate takes part in relevant training courses or events, and successfully completes the assessment (*)	Sa hyun nim (Master)
From 7th to 8th degree	7 years	Minimum age for 8 <sup>th</sup> degree is 41.5 years	Maximum reduction of training period up to 9 months can be obtained if a candidate takes part in relevant training courses or events, and successfully completes the assessment (*)	Sa Hyun nim (Master)
From 8th to 9th degree	8 years	Minimum age for 9 <sup>th</sup> degree	In special circumstances and to further the development of the ITF, the promotion board can grant	Sa Seung nim (Grand Master)

<b>Degree (dan)</b>	<b>Minimum training period</b>	<b>Additional requirements</b>	<b>Potential reduction of training period interval</b>	<b>Title/Insignia</b>
		is 49.5 years	a reduction of this period. Unanimous consent must be granted by a special committee that shall consist of 9 members that are holders of either 7th or 8th degree recognized by ITF HQ Korea.	